

Quarantine 2020 Journal Prompts

My name is _____ and I am _____ years old.

I was quarantined with

_____.

What is something you like about having extra time at home with your family? _____.

What is something(s) you look forward to doing when things get back to normal? _____.

What is the first place you want to go when you are allowed to go out again? _____.

What do you miss most? _____.

What is something you get to do more of that you are happy about?

_____.

Is there something you have had time to learn that you may not have if things were "normal"? _____.

Are you allowed to do something now that you didn't before?

_____.

Does your family have any new routines you enjoy?

_____.

What is something you are most thankful for right now?

_____.

What are you doing to keep busy?

_____.

My go-to snack has been _____.

Something(s) that I was looking forward to but was cancelled is

_____.

Some shows I have been binging on are

Some new games I have learned are

The worst part of this is

The best part of this is

Something I wish the world would learn from this is

Something I don't know will ever be the same is

Something else I would like to remember:

My signature: _____