

Memory Jar

Starting on January 1st, write good and happy things that you don't want to forget on the notes and put them in the jar. Write things like:

Goals accomplished

Anything that made you smile

Things you are thankful for

Special activities

Funny moments

Things you thought were beautiful

Happy surprises

Any memory you don't want to forget

--On December 31st, empty the jar and read all of the wonderful things that happened to you last year!

Memory Jar

Starting on January 1st, write good and happy things that you don't want to forget on the notes and put them in the jar. Write things like:

Goals accomplished

Anything that made you smile

Things you are thankful for

Special activities

Funny moments

Things you thought were beautiful

Happy surprises

Any memory you don't want to forget

--On December 31st, empty the jar and read all of the wonderful things that happened to you last year!

Memory Jar

Starting on January 1st, write good and happy things that you don't want to forget on the notes and put them in the jar. Write things like:

Goals accomplished

Anything that made you smile

Things you are thankful for

Special activities

Funny moments

Things you thought were beautiful

Happy surprises

Any memory you don't want to forget

--On December 31st, empty the jar and read all of the wonderful things that happened to you last year!

Memory Jar

Starting on January 1st, write good and happy things that you don't want to forget on the notes and put them in the jar. Write things like:

Goals accomplished

Anything that made you smile

Things you are thankful for

Special activities

Funny moments

Things you thought were beautiful

Happy surprises

Any memory you don't want to forget

--On December 31st, empty the jar and read all of the wonderful things that happened to you last year!